

General Rules & Guidelines

OVERVIEW

The 4-H Fashion Show is designed to recognize 4-H members who have completed a Clothing and Textiles project. The following objectives are taught in the Clothing and Textiles project: knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills. If a specific rule is not outlined in the following rules, the current year's Texas 4-H Roundup Guide will prevail and be the rule that is followed.

PURPOSE

The Fashion Show provides an opportunity for 4-H members to exhibit the skills learned in their project work. It also provides members an opportunity to increase their personal presentation skills.

ELIGIBILITY REQUIREMENTS

1. **Membership.** Participants must be 4-H members currently enrolled in a Texas 4-H and Youth Development county program and actively participating in the Clothing & Textiles project.

2. **Age Divisions.** Age divisions are determined by a participant's grade as of August 31, 2024 as follows:

	<u>Division</u>	<u>Grades</u>	
3. <i>Events.</i>	Junior	3*, 4, or 5	<i>*Must be at least 8 years old</i>
There are	Intermediate	6, 7, or 8	
four (4)	Senior	9, 10, 11, or 12*	<i>*Must not be older than 18 years old</i>

Events conducted at the District Fashion Show:

Fashion Show	3 age divisions (Junior, Intermediate, Senior)
Natural Fiber	Seniors only
Fashion Storyboard	3 age divisions (Junior, Intermediate, Senior)
Duds to Dazzle	2 age divisions (Junior/Intermediate, Senior)

4. **Number of Entries.** Participants may enter a maximum of one entry in each of the four (4) events.

Fashion Show	Buying or Construction Division
Natural Fiber	Cotton or Wool/Mohair/Alpaca
Fashion Storyboard	Accessory, Jewelry, Home Décor, Home Furnishings, Pet Clothing, or Wearable
Duds to Dazzle	

Counties may enter a maximum of one entry in each division/category in Fashion Show and Natural Fiber. There are no limits on the number of Duds to Dazzle or Storyboard entries per county.

5. **Qualifying for State.** Only Senior 4-H members are eligible to advance to state.

- a. Fashion Show: The district will send one (1) contestant from each of the four (4) categories in the Construction Division (Everyday Living, Refashion, Semi-Formal to Formal, and Theatre/Costume) and one (1) contestant from each of the four (4) categories in the Buying Division (Business/Interview Attire, Fantastic Fashions Under \$25, Semi-Formal to Formal, and Special Interest). (Maximum of 8 entries.) If a participant qualifies for the Texas 4-H Fashion Show in Buying or Construction and in Natural Fiber, he/she will be able to compete in both at the Texas 4-H Fashion Show.
- b. Natural Fiber Contest: The district will send one (1) contestant from each of the two (2) categories (Cotton and Wool/Mohair/Alpaca) in the Natural Fiber Contest. (Maximum of 2 entries.) If a participant qualifies for the Texas 4-H Fashion Show in Buying or Construction and in Natural Fiber, he/she will be able to compete in both at the Texas 4-H Fashion Show.
- c. Fashion Storyboard: The state Storyboard contest is an invitational contest for seniors only and is not qualifying. There is no limit for entries. Please note that the state contest is a digital storyboard contest. Entries for the Texas 4-H Digital Storyboard Invitational Contest are open from April 15- May 1, 2025.
- d. Duds to Dazzle. The district will send one (1) team per category. (Or, if there are not enough District entries to make three categories, the top three (3) placing entries will qualify to advance.) Teams advancing to state will not automatically be assigned to the same category as they were at district.

D8 4-H FASHION SHOW

Fashion Show Guidelines

- Overview, Objectives, Purpose.** To recognize 4-H members who have completed a fashion and interior design project. The following objectives are taught in the fashion and interior design project: knowledge of fibers and fabrics, wardrobe selection, clothing construction, comparison shopping, fashion interpretation, understanding of style, good grooming, poise in front of others, and personal presentation skills. The purpose of the Fashion Show is to provide an opportunity for 4-H members to exhibit the skills learned in their project work. It also provides members and opportunity to increase their personal presentation skills.
- Fashion Show Divisions.** There are two divisions in the Fashion Show: Buying and Construction. Contestants may enter one category, in one division. (ex. Buying-Everyday Living or Construction-Everyday Living)

The 4-H member must choose a division and category at the county level and must compete in that division and category at all levels of competition. The entry worn at county must be the entry worn at district and state. Accessories such as shoes, jewelry, hats, gloves, and scarves may be changed, but changes must be included on the paperwork. The appropriate garment category should be determined by the style, fabric, and use of garment. No one may change division or categories between district and state contests.

BUYING	CONSTRUCTION
<ul style="list-style-type: none"> • Garments will be purchased • <u>All age divisions</u>: All garments worn (garments that are visible – i.e. blouse under jacket or vest) during the interview must be included in the buying worksheet. • <u>Seniors only</u>: In Buying, first place winners may enter the same category in which they have previously been awarded a first- place entry at State, unless they have competed at the National Fashion Revue. 	<ul style="list-style-type: none"> • Garments may be constructed by sewing, knitting, or crocheting. Accessories may be purchased. • <u>Juniors/Intermediates only</u>: May construct one visible item of clothing. For example, the 4-H member may construct a skirt, but purchase a blouse to complement the skirt. The blouse would not be considered during the judging process. • <u>Seniors only</u>: All garments worn (garments that are visible – i.e. blouse under jacket or vest) during the interview must be constructed. Close-fitting leg wear, tights, and pantyhose do not need to be constructed. • <u>Seniors only</u>: In Construction, first place winners may enter the same category in which they have previously been awarded a first–place entry at State, unless they have competed at the National Fashion Revue.

3. **Fashion Show Categories.** Below is a list of categories and description of each. Agents should assist 4-H members in placing entries in appropriate categories. Those not placed in appropriate categories may be disqualified.

BUYING CATEGORIES	
Business/ Interview	<p>Entry should be an outfit you would wear for a job interview, scholarship interview, job fair, or other professional event.</p> <ol style="list-style-type: none"> 1. Professional – This is a more traditional, conservative approach (e.g., business suit or blazer, tie, and dress slacks for men, business suit, pantsuit, or jacket and dress for women). 2. Business Casual – This trend is more relaxed and comfortable but demonstrates good judgment in choices and displays a neat appearance (e.g., polo shirt, shirt with a collar or sweater, khakis or other slacks, dress or casual leather shoes, moderate length dress or skirt for women).
Fantastic Fashions under \$25	<p>This category is designed to expand the 4-H member’s shopping experience to include different shopping venues. Outfits must be purchased at a garage sale, consignment store, Goodwill, Salvation Army, or other retail business. Receipts are required for everything that is visible during the interview, except shoes. Receipts for garage sales can be handwritten. This includes jewelry and accessories.</p>
Semi-formal to Formal	<p>Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same.</p> <p>Semi-formal is a little less formal than formal black tie.</p> <ul style="list-style-type: none"> • Women – includes midi-dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits. • Men – includes slacks and a blazer, a two-piece suit (with or without a tie), accessories that show personal style (pocket squares, dress watch, custom shoes). <p>Formal -prom, evening wedding or gala party.</p> <ul style="list-style-type: none"> • Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress. • Men – two or three-piece suit or tuxedo, with a shirt and tie.
Special Interest	<p>Entry should be a specific outfit that you NEED to know how to purchase wisely. Entry should be something that reflects a special interest of the participant, such as equestrian clothing and riding apparel, dance costumes, hiking clothing, or rock-climbing clothing.</p>
CONSTRUCTION CATEGORIES	
Everyday Living	<p>Includes casual sportswear, weekend-wear, sleepwear, clothing for school, casual after-school events, or hanging out with friends.</p>
Refashion	<p>Refashion is an environmentally friendly category where old, worn out or damaged textile items are upcycled into something new. The result of modifying existing clothing or fabric item (such as tablecloth or curtain) into something more fashionable. Participants will use creativity and sewing skills to bring life to something that would have ended up in the landfill. The completed garment is different from its original use, not just an alteration. (Examples: neck ties sewn together to form a dress or taking old t-shirts and making them into a skirt)</p>
Semi-formal to Formal	<p>Entry must be designed for semi-formal to formal occasions and made from fabrics intended for the same.</p> <p>Semi-formal is a little less formal than formal black tie.</p> <ul style="list-style-type: none"> • Women – includes midi-dresses, maxi-dresses, wrap dresses, cocktail dresses, pantsuits, and jumpsuits. • Men – includes slacks and a blazer, a two-piece suit (with or without a

	<p>tie), accessories that show personal style (pocket squares, dress watch, custom shoes).</p> <p>Formal -prom, evening wedding or gala party.</p> <ul style="list-style-type: none"> • Women – typically floor-length gown, a knee-length cocktail dress or classic little black dress. • Men – two or three-piece suit or tuxedo, with a shirt and tie.
Theatre/Costume	<p>Garment intended for use as a costume, which would include stage production. May be sewn from fabric or using a base garment to build upon. These garments may be unusual or innovative materials; imaginative but wearable.</p>

4. *Fashion Show Judging Process.*

a. All Age Divisions:

- **Judges.** Contestants will be judged by a panel of no less than two qualified judges.
- **Age Divisions, Divisions, and Categories.** Each age division and category will be judged separately.
- **Paperwork.** All paperwork will be uploaded to 4-H Online at the time of entry. There is no need to bring paperwork with you to the contest.
- **Presentation.** Each contestant will start by introducing themselves and model their garment to the judges. Participants will then provide a **5-minute presentation** to the judges. During the presentation the participants need to describe their project activities, outfit selection, construction or buying skills and their knowledge of fiber and fabrics.
- **Time Limits.** Participants will have **five (5) minutes** to introduce themselves and present about their garment. Judges will then have **four (4) minutes** to ask questions of the contestant. Following this time, the contestant will leave the judging room and the judges will have an **additional four (4) minutes** to score the contestant and write comments.
- **Questions.** Judges may only ask questions from the list of “Possible Interview Questions” for the appropriate division included in this packet. Judges may ask follow-up questions as needed based upon interview responses.
- **Garment:** Contestants will wear their Fashion Show garments in front of the judges.
- **Judges’ Decisions.** All judges’ decisions are final after awards presentation is made.
- **Parents.** No parents will be allowed in judging area. Parents will have a designated area to wait until their student is finished being judged.

5. *Paperwork Requirements.*

- Contestants will upload their appropriate required paperwork (see age division table below) to 4-H Online by the deadline set by the county so paperwork may be judged prior to the District Fashion Show. (Check with your County Extension Agent for county deadlines.)
- The paperwork should be uploaded as a **single pdf file**.
- Interview judges will be given a copy of this paperwork prior to the interview. If uploaded properly, contestants will not need to bring their paperwork to the interview.

Juniors & Intermediates	<ul style="list-style-type: none"> • District 8 4-H Fashion Show Photo Sheet (1 page) • District 8 4-H Project Information Sheet (1 page) • <i>The uploaded pdf file should be only these two pages.</i>
Seniors	<ul style="list-style-type: none"> • 2025 Texas 4-H Fashion Show Buying Entry Form (4 pages) OR • 2025 Texas 4-H Fashion Show Construction Entry Form (4 pages)

6. **Judging Criteria.** Judging is based on the appropriate score sheet and will evaluate contestants based on their paperwork and presentations.
- a. If a contestant does not upload the required paperwork or does not follow all appropriate guidelines a five (5) point deduction will be taken from the final score.
 - b. Ties – if a tie should occur in a Junior or Intermediate category, the ties will be broken using partial scores in the following order:
 - Ability to Evaluate Garment Quality & Apply Knowledge
 - Knowledge of Fiber & Fabric/Uses & Care
 - Appearance, Fit, Fashion
 - Quality of Project Activities & Written Materials
 - Presentation
 - c. Ties – If a tie should occur in a Senior category, the ties will be broken using partial scores in the following order:
 - Construction/Consumer Buying skills
 - Interview
 - Knowledge of fiber and fabric characteristics
 - Paperwork
7. **Garments.** All garments/ensembles to be judged must have been purchased (renting a garment is not permitted in the buying division) or constructed (construction division) during participation in a 4-H fashion and interior design project during the **current 4-H year**.
- Juniors/Intermediates Construction only:* May construct one visible item of clothing. For example, the 4-H member may construct a skirt, but purchase a blouse to complement the skirt. The blouse would not be considered during the judging process.
8. **Awards.** The top contestants in each category will be recognized during the awards program.
9. **Top Model Award.** One award will be given to the best model during the Fashion Show for each age division: Junior, Intermediate and Senior. This award will be given to a 4-H member based on poise and modeling skills on stage.

JUNIOR/INTERMEDIATE Fashion Show Possible Interview Questions

Questions for Buying

1. How will the purchase of this garment enhance your present wardrobe?
2. How do you care for this garment? (Example: hand-wash, cold water; dry clean; machine-wash, warm water, etc.)
3. Tell us about the characteristics of your fabric (Example: Does it wrinkle easily? Does it stretch? Does it ravel?)
4. What was the deciding factor in choosing this garment when comparing it against others? (Example: Was it the fit, cost, quality, etc.)
5. How much did your garment cost? Is your garment a good value for money paid for it?
6. How many garments did you compare before deciding to purchase this one?
7. What attracted you to choose this outfit to buy for your Fashion Show entry?
8. Is the fabric natural or man-made in your garment? What is the fabric content?
9. Show us two reasons why you think your garment is well made. (Could show seam finishes, hem, zipper, set-in sleeve, etc.)
10. What did you consider when selecting your accessories? How do you think your accessories complement your garment?
11. Is there anything else you would like to tell us about your Buying project?
12. If you could change one thing about your fashion and interior design project, what would it be?
13. Based on what you learned this year, what are your goals for next year?

Questions for Construction

1. How will this garment enhance your present wardrobe?
2. How do you care for this garment? (Example: hand-wash, cold water; dry clean; machine-wash, warm water, etc.)
3. Tell us about the characteristics of your fabric (Example: Does it wrinkle easily? Does it stretch? Does it ravel?)
4. Name a new technique or skill used making the garment (Example: setting in a zipper, learning to cut out a garment, comparing body measurements against those on the pattern envelope, etc.)
5. How much did your garment cost?
6. What was the hardest part of constructing your garment? (Setting in the sleeves, putting in the zipper, etc.)
7. What attracted you to choose this outfit to construct for your Fashion Show entry?
8. Is the fabric natural or man-made in your garment? What is the fabric content?
9. Show us two reasons why you think your garment is well made. (Could show seam finishes, hem, zipper, set-in sleeve, etc.)
10. What did you consider when selecting your accessories? How do you think your accessories complement your garment?
11. Is there anything else you would like to tell us about your Construction project?
12. If you could change one thing about your fashion and interior design project, what would it be?
13. Based on what you learned this year, what are your goals for next year?

SENIOR Fashion Show Possible Interview Questions

QUESTIONS FOR BUYING

Project Goals and Project Activities

- How did you connect your fashion and interior design project work with community service?
- Describe your fashion and interior design leadership activities. What was your favorite leadership activity?
- Describe your fashion and interior design project goals. Describe how your project goals guided your project work.
- What community service activities were you involved with?

Outfit Selection

- Tell me how you went about selecting this outfit.
- What considerations did you use when you selected this outfit? (fiber, fabric, design, construction)
- How does this outfit meet your clothing needs?
- Explain how and why the style of this outfit is appropriate for your figure type.

Knowledge of Fiber and Fabric Characteristics

- Are the fibers in your garment natural or man-made?
- What is the fiber content of your garment? Tell me two qualities of each fiber.
- How will you care for this garment? Is there any additional cost to consider when caring for this garment?
- Why is this fabric a good choice for your garment? Describe fabric characteristics that make it suitable for the intended use of the garment.

Consumer Buying Skills

- What information does the garment's hangtags give you?
- Why did you select the particular style, color(s), and/or fabric(s)?
- Do you have a clothing budget? If so, who determines the budget amount?
- As you selected the pieces for this outfit, what did you learn about price and quality?
- In your comparison shopping, what did you consider the most important thing to look for?
- What is your "cost per wearing"?

SENIOR Fashion Show Possible Interview Questions

QUESTIONS FOR CONSTRUCTION

Project Activities

- Describe your Fashion and Interior Design project activities. What was your favorite activity?
- Describe your Fashion and Interior Design project goals.
- Describe how your project goals guided your project work.
- How did you connect your Fashion and Interior Design project work with community service?
- Describe your Fashion and Interior Design leadership activities. What was your favorite leadership activity?

Outfit Selection, Fit and Appearance

- Describe how you selected the fabric and notions for this garment.
- Describe any pattern alterations or techniques used to create a good fitting garment?
- Talk about why this garment is a good fit for your body type.
- Describe how this garment will fit with your current wardrobe.

Knowledge of Fiber and Fabric Characteristics

- Are the fibers in your garment natural or man-made?
- Why is this fabric a good choice for your garment? Describe fabric characteristics that make it suitable for the intended use of the garment.
- How will you care for this garment? Is there any additional cost to consider when caring for this garment?
- What is the fiber content of your garment? Describe two qualities of each fiber

Construction Skills

- What factors influenced your choice of sewing techniques for seams, hems, and other details?
- What new skills did you develop while making this garment?
- How do you plan to use your sewing skills after completing the 4-H program?
- Why did you decide to make this garment instead of purchasing one?
- What was the most challenging aspect of constructing this garment, and why?
- How did you ensure proper fit and finish during the construction process?

D8 4-H FASHION SHOW



2025 District 8 4-H Fashion Show
Junior & Intermediate
Photo Sheet

Name _____

County _____

Age Division

Junior

Intermediate

Select either Buying or Construction Division:

Buying Division

Everyday Living

Fantastic Fashions Under \$25

Dressy

Special Interest

Construction Division

Everyday Living

ReFashion

Dressy

Special Interest

Insert or glue a high-quality front and back view head-to-toe photo of participant in the competition garment in the space below. Photo/Photos should not exceed the space below.

D8 4-H FASHION SHOW



2025 District 8 4-H Fashion Show
Junior & Intermediate
Project Information Sheet

Name		County		
Age Division	Junior	Intermediate		
<i>Select either Buying or Construction Division:</i>				
Buying Division	Everyday Living	Fantastic Fashions Under \$25	Dressy	Special Interest
Construction Division	Everyday Living	ReFashion	Dressy	Special Interest

What did you learn in your fashion and interior design project?

What activities did you participate in during your fashion and interior design project?

Tell us about your leadership and/or community service within your 4-H projects, focusing on your fashion and interior design project activities.

What is something new you would like to try next year in your fashion and interior design project?

2025 DISTRICT 8 4-H FASHION SHOW



Score Sheet

BUYING

Junior/Intermediate

Category: Everyday Living Fantastic Fashions under \$25 Dressy Special Interest

Name: _____ District: _____ County: _____

Category	Total Value	Comments	Actual Score
Paperwork <ul style="list-style-type: none"> Completeness of paperwork Paperwork shows application of skills learned in the project 	15		
Project Activities <ul style="list-style-type: none"> Fashion and Interior Design activities adequate for age and experience level Demonstrates involvement in project 	10		
Outfit Selection <ul style="list-style-type: none"> Demonstrates knowledge of garment features that complement the member's body size and shape Outfit selected suitable for intended use Garment and accessories fashionable and appropriate 	15		
Knowledge of Fiber and Fabric Characteristics <ul style="list-style-type: none"> Garment style makes good use of the fiber and fabric characteristics Knowledge of garment fiber content and care instructions 	10		
Consumer Buying Skills <ul style="list-style-type: none"> Identifies quality of workmanship in garments purchased Garment cost computed accurately 	25		
Interview <ul style="list-style-type: none"> Creates a good first impression Uses positive vocal qualities Answers questions correctly, with confidence Possesses good verbal communication skills 	25		
Total Score	100		
		Judge's Initials:	



2025 DISTRICT 8 4-H FASHION SHOW SCORE SHEET

CONSTRUCTION

Junior/Intermediate

Category: Everyday Living ReFashion Dressy Special Interest

Name: _____ District: _____ County _____

Category	Total Value	Comments	Actual Score
Paperwork <ul style="list-style-type: none"> Completeness of paperwork Paperwork shows application of skills learned in the project 	15		
Project Activities <ul style="list-style-type: none"> Fashion and Interior Design activities adequate for age and experience level Demonstrates involvement in project 	10		
Outfit Selection <ul style="list-style-type: none"> Demonstrates knowledge of garment features that complement the member's body size and shape Garment and accessories fashionable and appropriate 	10		
Knowledge of Fiber and Fabric Characteristics <ul style="list-style-type: none"> Garment style makes good use of the fiber and fabric characteristics Knowledge of garment fiber content and care 	15		
Construction Skills <ul style="list-style-type: none"> Garment is well made (plaids and seams match, edges smooth, hem even, closures neat, well pressed) Appropriate construction methods used and understood their importance 	25		
Interview <ul style="list-style-type: none"> Creates a good first impression Uses positive vocal qualities Answers questions correctly, with confidence Possesses good verbal communication skills 	25		
Total Score	100		
		Judge's Initials: _____	



D8 4-H FASHION SHOW

Senior Fashion Show Materials

Senior Fashion Show Materials

Can be found online at:

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_buying_construction_rules_guidelines_2025.pdf

Construction Entry Form

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_construction_entry_form_2025.pdf

Construction Score Sheet

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_construction_score_sheet_2025.pdf

Construction Possible Interview Questions

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_construction_interview_questions_2025.pdf

Buying Entry Form

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_buying_entry_form_2025.pdf

Buying Score Sheet

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_buying_score_sheet_2025.pdf

Buying Possible Interview Questions

https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_buying_interview_questions_2025.pdf

Central District 8 | 4-H Youth Development

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