

## D8 4-H FASHION SHOW

### Natural Fiber Guidelines

1. **Purpose.** The Fashion Show Natural Fiber Contest provides an opportunity for 4-H members to exhibit the skills learned related to Cotton and Wool/Mohair. It also recognizes 4-H members who do outstanding work in a clothing project that includes the study of cotton or wool and mohair.
2. **Seniors Only.** The Natural Fiber Contest is for Seniors only. This is a separate entry from the Fashion Show Construction/Buying Division. The Natural Fiber entry does not have to be the same entry as the Fashion Show Buying or Construction entry.
3. **Natural Fiber Categories.** Below is a list of categories and a brief description of each. Agents should assist 4-H members in placing entries in appropriate categories. Those not placed in appropriate categories may be disqualified.

The 4-H member must choose a category at the county level and must compete in that division and category at all levels of competition. The entry worn at county must be the entry worn at district and state. Accessories such as shoes, jewelry, hats, gloves, scarves may be changed, but changes must be included on the paperwork. The appropriate garment category should be determined by the style, fabric, and use of garment. No one may change categories between district and state contests.

| Senior Natural Fiber Categories |  |
|---------------------------------|--|
| Cotton                          | Each garment entered must contain a minimum of 60% cotton. Knowledge of fiber characteristics, production, and end use is required.  |
| Wool/Mohair/Alpaca              | Each garment entered must contain a minimum of: <ul style="list-style-type: none"> <li>• 60% wool and 40% other fiber.</li> <li>• 60% mohair and 40% other fiber.</li> <li>• 60% alpaca and 40% other fiber.</li> <li>• 60% blend of the above fibers and 40% other fiber.</li> <li>• 100% wool/mohair blend is also acceptable.</li> </ul> Knowledge of fiber characteristics, production, and end use is required. |

4. **Garment.** The garment selected can be purchased (renting a garment is not permitted) or constructed. A complete outfit, except for a blouse or shirt under the garment, is made of the eligible fashion fabric. Example: Jacket and pants made of wool, but shirt or blouse does not need to be made of wool; a full-length coat made of eligible fashion fabric worn over a garment of any fiber content. Lining fabric, interfacing fabric, and trims are not required to meet the fiber content requirements.

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|----------------|--|
| <b>Seniors</b> | <ul style="list-style-type: none"><li>• Contestants will upload their appropriate required paperwork to 4-H Online by the deadline set by the county, so paperwork may be judged prior to the Fashion Show. (Check with your County Extension Agent for county deadlines.)</li><br/><li>• The paperwork should be uploaded as a <b><i>single pdf file</i></b>.</li><br/><li>• Presentation judges will be given a copy of this paperwork prior to the presentation.</li><br/><li>• Natural Fiber Paperwork: 2025 Texas 4-H Fashion Show Natural Fiber Entry Form (3 pages)<br/><a href="https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_entry_form_2025.pdf">https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_entry_form_2025.pdf</a></li></ul> |
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5. **Judging Criteria.** Judging is based on the appropriate score sheet and will evaluate contestants based on their paperwork and presentations.
- a. **Ties** – If a tie should occur in a category, the ties will be broken using partial scores in the following order:
    - Promotion of Natural Fiber sub-total score.
    - Knowledge of fiber characteristics and uses sub-total score.
    - Presentation sub-total score.
6. **Awards.** The top contestants in each category will be recognized during the awards program.

## **D8 4-H FASHION SHOW NATURAL FIBER**

### *Fashion Show Natural Fiber Possible Interview Questions*

#### QUESTIONS FOR NATURAL FIBER

##### *Project goals and activities*

- Describe your fashion and interior design project goals. Describe how your project goals guided your project work.
- Describe your fashion and interior design project activities. What was your favorite activity?
- How did you connect your fashion and interior design project work with community service?

##### *Knowledge of fiber characteristics and uses*

- Why is this fiber a good choice for your garment? Describe fiber characteristics that make it suitable for the intended use of the garment.
- How will you care for this garment? Is there any additional cost to consider when caring for this garment?
- What is the fiber content of your garment? Describe two qualities of each fiber.

##### *Promotion of natural fiber*

- How would you promote your natural fiber to others?
- How is use of natural fibers in clothing important to the Texas economy?
- Describe the process from fiber to fabric.
- What are the environmental benefits of clothing made from natural fibers?
- What are the disadvantages of clothing made from natural fibers?

##### *Appearance, fit and fashion ability*

- How does this outfit meet your clothing needs?
- How often do you plan to use the outfit/accessories?
- Do you have a clothing budget?

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### *Senior Natural Fiber Materials*

### Senior Fashion Show Natural Fiber Materials

*Can be found online at:*

[https://texas4-h.tamu.edu/wp-content/uploads/fashion\\_show\\_natural\\_fiber\\_general\\_rules\\_guidelines\\_2025.pdf](https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_general_rules_guidelines_2025.pdf)

### Natural Fiber Entry Form

[https://texas4-h.tamu.edu/wp-content/uploads/fashion\\_show\\_natural\\_fiber\\_entry\\_form\\_2025.pdf](https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_entry_form_2025.pdf)

### Natural Fiber Score Sheet

[https://texas4-h.tamu.edu/wp-content/uploads/fashion\\_show\\_natural\\_fiber\\_score\\_sheet\\_2025.pdf](https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_score_sheet_2025.pdf)

### Natural Fiber Possible Interview Questions

[https://texas4-h.tamu.edu/wp-content/uploads/fashion\\_show\\_natural\\_fiber\\_interview\\_questions\\_2025.pdf](https://texas4-h.tamu.edu/wp-content/uploads/fashion_show_natural_fiber_interview_questions_2025.pdf)

